

Salud y calidad de vida en la mujer

SAMEM15

XV Encuentro Nacional
de Salud y Medicina de la Mujer

Salud y calidad de vida en la mujer

Importancia del estreñimiento en la mujer embarazada

Dr. Juan Luis Delgado (Murcia)

Utilidad de la Centella Asiática en la regeneración vaginal

Dr. José Luis Neyro (Bilbao)

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de Salud y Medicina de la Mujer

PREVALENCIA

**DISMINUYEN LA
CALIDAD DE VIDA**

EPIDEMIOLOGÍA GENERAL.

Las diferencias en las definiciones médicas y las variaciones entre los síntomas, dificulta la obtención de datos:

- ❑ **Población occidental** varía entre el **2 y el 27%**, dependiendo de los criterios diagnósticos (1)
- ❑ **29,5% en España** (2)
- ❑ **Mayor prevalencia en las mujeres** (3)
- ❑ **Aumenta con la edad** (4)
- ❑ **Otros factores de riesgo** (5):
 - Viajes
 - Dieta pobre en líquidos y fibra
 - Medicamentos
 - Abuso de laxantes

(1) Sánchez Garrido, A.B. Medicine. 2012;11(6):331-6.

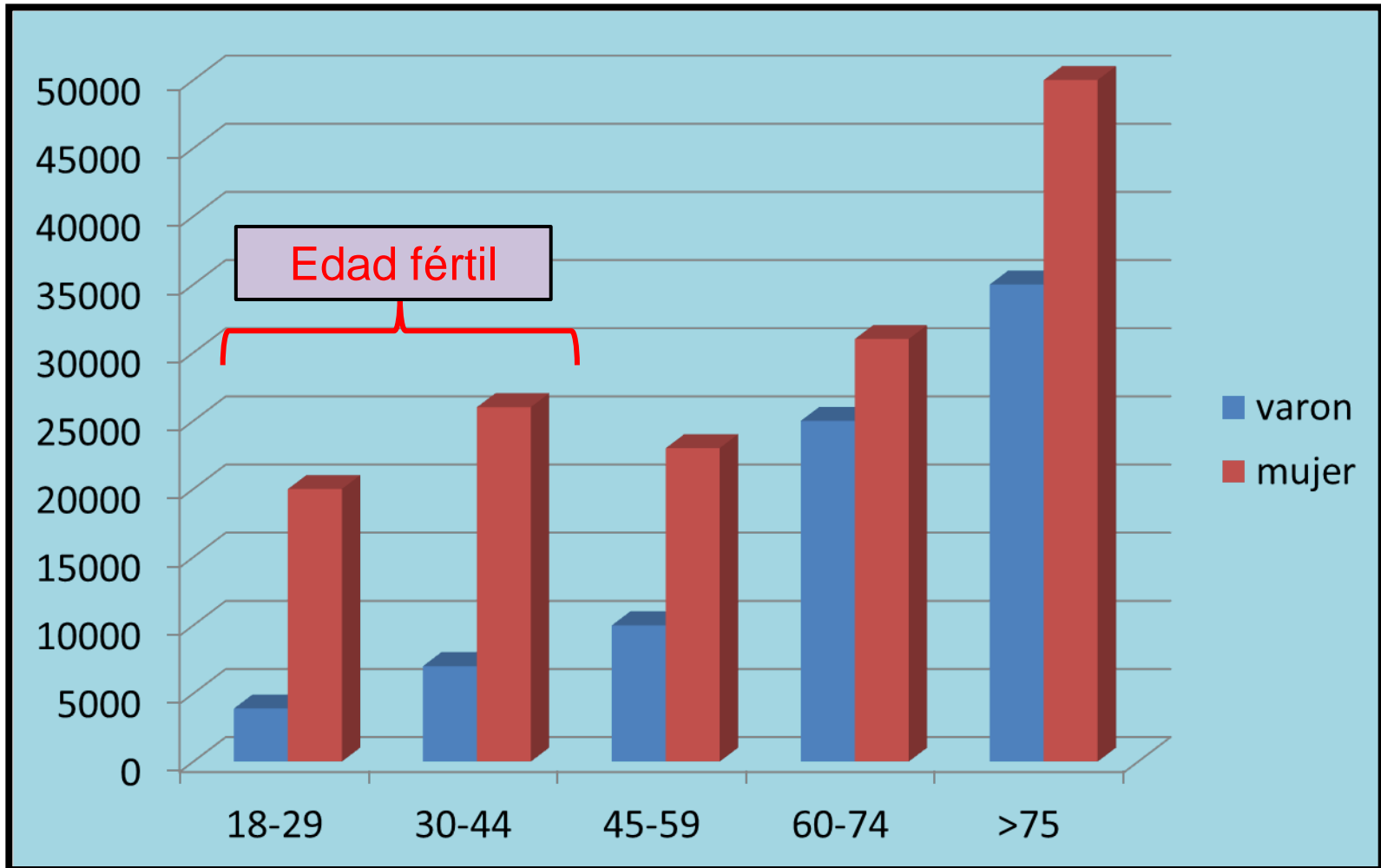
(2) Garrigues V. Am J Epidemiol 2004; 159:520–6.

(3) McCrea GL. J Pain Symptom Manage. 2009 Apr;37(4):737-45.

(4) Shafe AC. Therap Adv Gastroenterol. 2011 Nov;4(6):343-63.

(5) Bharucha AE. American Gastroenterological Association technical review on constipation. Gastroenterology 2013;144:218-38

2-3 veces más prevalente en mujeres!!!



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1. [A phase 2 study on the treatment of hyperkalemia in patients with chronic kidney disease suggests that the selective potassium trap, ZS-9, is safe and efficient.](#)

Ash SR, Singh B, Lavin PT, Stavros F, Rasmussen HS.

Kidney Int. 2015 Feb 4. doi: 10.1038/ki.2014.382. [Epub ahead of print]

PMID: 25651363 [PubMed - as supplied by publisher]

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2. [Severe rectal bleeding following PPH-stapler procedure for haemorrhoidal disease.](#)

Ammendola M, Sammarco G, Carpino A, Ferrari F, Vescio G, Sacco R.

G Chir. 2014 Nov-Dec;35(11-12):290-2.

PMID: 25644731 [PubMed - in process]

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3. [The Attractiveness of Opposites: Agonists and Antagonists.](#)

O'Brien T.

J Pain Palliat Care Pharmacother. 2015 Feb 2. [Epub ahead of print]

PMID: 25643224 [PubMed - as supplied by publisher]

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[Clinical presentation of urolithiasis in older and younger population.](#)

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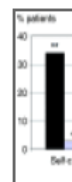
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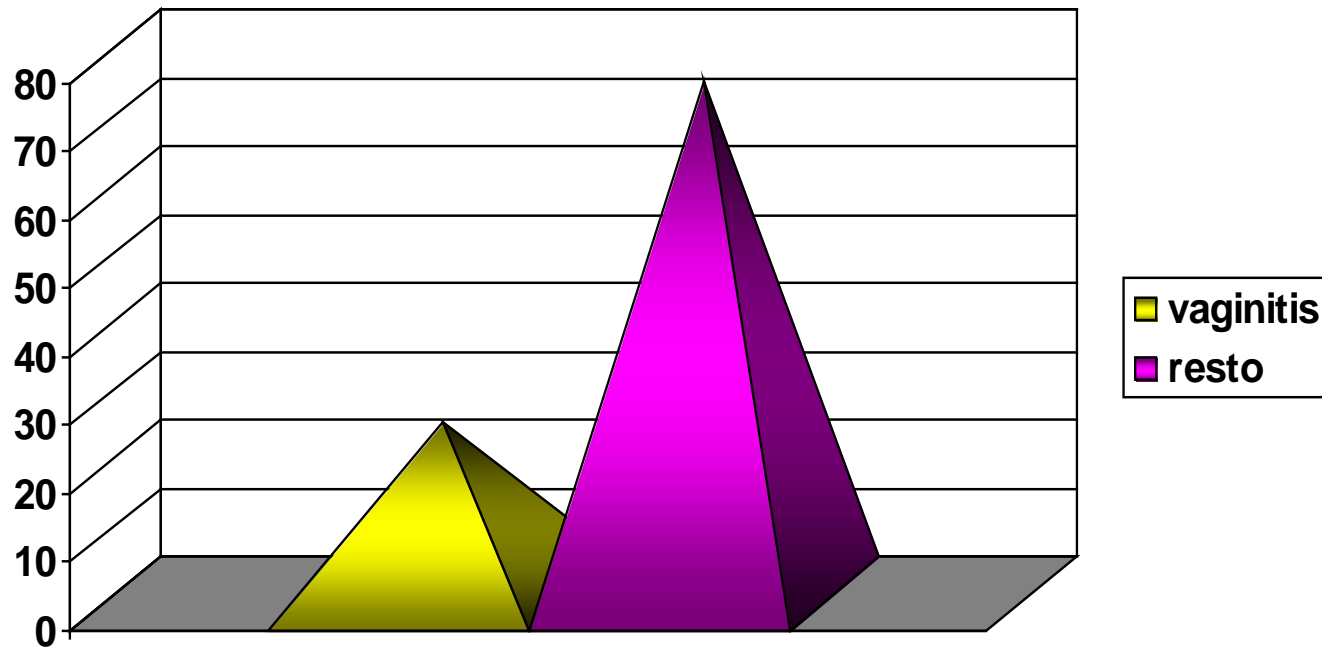


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Centella asiatica Attenuates Amyloid-β-Induced Oxidative Stress and Mitochondrial

1. Dysfunction.

Gray NE, Sampath H, Zweig JA, Quinn JF, Soumyanath A. J Alzheimers Dis. 2015 Jan 29. [Epub ahead of print] PMID: 25633675 [PubMed - as supplied by publisher] Related citations

Intestinal interleukin-10 mobilization as a contributor to the anti-arthritis effect of orally administered madecassoside: A unique action mode of saponin compounds with poor bioavailability.

Wang T, Wei Z, Dou Y, Yang Y, Leng D, Kong L, Dai Y, Xia Y. Biochem Pharmacol. 2015 Jan 17. pii: S0006-2952(15)00053-2. doi: 10.1016/j.bcp.2015.01.004. [Epub ahead of print] PMID: 25600909 [PubMed - as supplied by publisher] Related citations

Biopharmaceutical and pharmacokinetic characterization of asiatic acid in Centella asiatica as determined by a sensitive and robust HPLC-MS method.

Yuan Y, Zhang H, Sun F, Sun S, Zhu Z, Chai Y. J Ethnopharmacol. 2015 Jan 14. pii: S0378-8741(15)00014-8. doi: 10.1016/j.jep.2015.01.006. [Epub ahead of print]

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